La fundación de Investigación y Tratamiento en Salud Mental y Servicios Sociales (INTRAS) surge en 1994, y es la primera entidad en Castilla y León que cubre en su totalidad el Modelo Integrado de Atención a las personas con discapacidad por enfermedad mental grave y prolongada, desarrollada por la Consejería de Sanidad y la Consejería de Familia e Igualdad de Oportunidades. La Fundación ha pilotado en la provincia de Zamora la implantación del modelo, que abarca todos los aspectos sociales y sanitarios (rehabilitación psicosocial, rehabilitación laboral, residencial atención, Centro Ocupacional, centros de día, actividades de tiempo libre...) de la discapacidad por enfermedad mental de forma coordinada con la Unidad de Psiquiatría del Complejo Asistencial de Zamora.

Los fines de Fundación INTRAS son el desarrollo y fomento de actividades dirigidas a la asistencia, investigación, evaluación y difusión de acciones en el ámbito sociosanitario. Presta su actividad bajo la máxima de la recuperación del proyecto vital de la persona afectada por una discapacidad. Esta filosofía contempla la evolución de la persona con discapacidad por enfermedad mental desde los dispositivos sanitarios y de rehabilitación psicosocial hasta el empleo, pasando por los recursos sociales, entre los que destacan los centros ocupacionales. Todo ello apoyado en la existencia de posibilidades de alojamiento, de programas o servicios de educación o formación y de alternativas para el ocio y tiempo libre de estas personas.

En los últimos años y bajo el apoyo del Instituto de Biomedicina de Salamanca (IBSAL) y bajo la dirección de la Profa. M. Cruz Sánchez en los últimos años se han implementado varias líneas de investigación dirigidas a la mejora de la atención y asistencia a las personas con problemas mentales en el que la metodología cualitativa ha sido estratégica. Actualmente, la metodología cualitativa constituye el eje de la vertebración de los programas de prevención y mejora de la calidad asistencial, destacando entre otros los siguientes:

- Investigación cualitativa sobre la aceptación de la medicación inyectable de larga duración sobre pacientes, familias y profesionales.
- Investigación cualitativa sobre necesidades y barreras para la mejora de la asistencia y prevención de las personas con riesgo de suicidio. Destacable ha sido el empleo de las nuevas tecnologías para la intervención y prevención de conductas de suicidio.
- Estudio de necesidades de los cuidadores de personas con demencia y de las necesidades de las personas con deterioro cognitivo tanto en su atención como en el tratamiento.
- Valoración de las necesidades para la recuperación para las personas con enfermedad mental grave y prolongada.

**2- Los objetivos** de nuestra intervención son los siguientes:

- Valuar la aplicabilidad de la investigación cualitativa en la práctica clínica de salud mental y la utilidad para la mejora asistencial.
- Presentar casos prácticos de utilidad de la investigación cualitativa para la mejora de la asistencia.
- Análisis de barreras y facilitadores de la investigación cualitativa en contextos clínicos de salud mental.
MANUEL FRANCO. PHD. MD. (DIRECTOR GRUPO INTRAS).
Manuel is Head of Psychiatry Department in the Zamora Hospital (Sacyl) where he is currently running a national pilot project for the development of new models for improving the management of mental health. He is also Associate Professor Doctor of the School of Psychology of Salamanca. Furthermore, he is the Director of the Iberian Research Institute in Psychosciences, member of the Royal Academy of Medicine of Salamanca, Past-President of the Castilian Leonesa Association of Psychiatry, Vice President of the Spanish Psychogeriatric Association; Board Member of the European Association of Geriatric Psychiatry and INTERDEM Network Dementias. He has a wide experience in research and innovation projects. He has participated as principal investigator in more than 20 research project funded by national and EU research programs and 80 clinical trials funded by drug industry. He has over 100 publications, 20 of them with international impact. Author of 5 patents.

DR. FRANCISCO JOSÉ GARCÍA PEÑALVO (DIRECTOR GRUPO GRIAL COLABORADOR EN INTRAS)
Francisco José García Peñalvo received his bachelor’s degree in computing from the University of Salamanca (Spain), and the University of Valladolid (Spain), and his Ph.D. degree from the University of Salamanca, where he is currently the Director of the Research Group in Interaction and e-Learning (GRIAL). His main research interests focus on e-Learning, computers and education, adaptive systems, web engineering, semantic web, and software reuse. He has led and participated in over 50 research and innovation projects. He was the Vice Chancellor of Technological Innovation at the University of Salamanca between March 2007 and December 2009. He has published over 200 articles in international journals and conferences. He has been a Guest Editor of several special issues of international journals (Online Information Review, Computers in Human Behavior, and Interactive Learning Environments). He is the Editor in Chief of the Education in the Knowledge Society magazine and the Journal of Information Technology Research. He coordinates the Doctoral Program in Education at the Society of Knowledge of the University of Salamanca.

DRA. Mª CRUZ SÁNCHEZ-GÓMEZ (COORDINADORA METODOLOGÍA CUALITATIVA)

Doctor and Bachelor in Education Sciences at the University of Salamanca (USAL), and a Master’s degree in Speech pathology at the Pontifical University of Salamanca. Associate professor at the Department of Teaching, Organization and Research Methods (Faculty of Education, University of Salamanca). Specialist in Qualitative Research Methodology.

Member of several national Research Groups (one of them recognized as a Group of Research Excellence with long experience in European Projects). Currently her working areas are in ICT in education, groups at risk of social inclusion and educational evaluation. She has led the INICO’s research group “Genre and disability”. She coordinates the qualitative projects from different organization as a INTRAS Foundation, and International Centre of Advanced Technologies (Germán Sánchez Ruipérez Foundation).

She has also expressed special interest in the transfer of knowledge to the productive sector in research activities in this field. As a member of the Castilla y León Universities Foundation (2007-2010) she coordinated the “Science Week in Castilla y León”, participated in the development of the awards “Campus Emprende” and the launch of “Encuentros con la cultura”. She has taught courses, seminars and workshops in companies, promoting the transfer of results to the productive sector and has taken part of initiatives such as ”Ciencia en nuestras manos” for students, and "Tecnología en nuestras manos" for our mayores. She belongs to several international networks and has done research and research stays at centres of recognized
international prestige (in particular, University of Surrey, England). She belongs to several scientific committees of publishers.

From March 2007 until October 2010, she has directed the Department of Continuing Education at the University of Salamanca in charge of all non-regulated teaching of this university: own special courses, continuing education, summer courses, conferences, seminars and titles. In 2008 she received the First National Research Award from Caja Madrid and the “Perfecta Corselas” Educational Research Award in 2014. Currently, she is dean of department of Didactic, Organization and Research Methods in USAL.

Juan Luis Muñoz Sánchez, MD. (Male). Juan Luis is an old age psychiatrist in Zamora Hospital and he is the head of Psychogeriatric and Dementia Unity in Zamora Psychiatry Department. Juan Luis has a degree in Medicine from the University of Salamanca and he has completed his medical specialty in Psychiatry in Zamora Hospital. He is currently studying a doctorate in Suicidology at the Salamanca University. Juan Luis is responsible for pharmacological and non-pharmacological clinical trials in psychogeriatric population, especially in elderly people with dementia, and he has executed activities of principal investigator, sub-investigator and rater in many clinical trials. Juan Luis is also part of the research and innovation team in INTRAS foundation playing an active role in national, regional and European projects based on digital innovations, psychoeducation platforms focused in dementia carers, suicide prevention, dementia risk factors and prevention, psychosocial intervention in dementia, palliative care in dementia, and adaptation of digital skills for elderly people. Juan Luis is a active member of INTERDEM Academy of the European network on research into early detection and timely intervention in dementia (INTERDEM). He is also an active member of Spanish Society of Psychogeriatry, European Association of Geriatric Psychiatry and Spanish Society of Psychiatry.
Esther Parra Vidales (Female). Esther has a degree in Psychology from the University of Salamanca (2006-2011). She studied the Master in neuropsychology (2011-2012) from the University of Salamanca, and currently study a doctorate in neuropsychology (2012-real) at the same University. Since 2012 is part of the research and innovation team, developing the activity of coordination of clinical trials, as well as neuro-cognitive evaluator. She has also participated as a supervisor, monitor and technical coordinator of various national, regional and European projects based on digital innovations and platform applications and services for older people. Esther is the author of several articles on healthy aging, evaluation, intervention and rehabilitation. Currently responsible for the memory clinic of Zamora of the INTRAS Foundation, where she carries out activities of coordination, evaluation and cognitive intervention. Active member of the Asociación Castellano y Leonesa de neuropsicología. Esther is responsible for the active and healthy aging programs that are carried out together with the social action centres of the City of Zamora.
Felipe Soto-Pérez, Phd. MSc. (Male). Felipe is Head of the West area of INTRAS Foundation, This area includes: 3 day centres, special employment centre, Psychosocial Rehabilitation Centre, Mental Health and Aging Clinic, Clinical Research and I+d+i Department, as well as a Community Care Department. He is graduated on psychology, specialized on clinical psychology, Master Degree on Social-Community psychology, Master on Foundation Management, and Phd on clinical & Health Psychology. At the same time he is co-editor of the Panamerican Journal of Neuropsychology and founder and treasurer of de Research centre CAEN in Chile. His areas of research are: NTIC & mental health, communitarian support for people with dementia and cognitive impairment.

Mª VICTORIA MARTÍN CILLEROS (PSICÓLOGA USAL COLABORADORA EN INTRAS)

Ph.D. hold a degree in psychology by the University of Salamanca (USAL), Spain. She is full professor of attention to diversity at the USAL since 2011. Her main research interest is psychosocial interventions for people with developmental and intellectual disability.
She is co-author of 13 research papers published in national and international impact journals, 15 research chapters of academic books and 9 publications related to professional training. She has participated in more than 30 communications in national and international congresses.

He has collaborated in 9 research projects at regional, national and international level funded through competitive calls and she has worked in research projects and contracts with public entities.

She has substantial experience dealing with people with disabilities and is a skilled researcher with a strong track record in multidisciplinary research projects.